



# Rolling In The Deep

**Choreographed by:** Sophie Lycoine

**Description:** 32 count, 4 wall, intermediate line dance

**Music:** Rolling In The Deep by Adele

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## Start dancing on lyrics

### TOE STRUT HIP BUMPS FORWARD

- 1-2 Step right toe forward (hip forward), drop right heel
- 3-4 Step left toe forward (hip forward), drop left heel
- 5-6 Step right toe forward (hip forward), drop right heel
- 7-8 Step left toe forward (hip forward), drop left heel

### RIGHT VINE WITH VAUDEVILLE STEP, LEFT VINE WITH VAUDEVILLE STEP

- 1-2 Step right to side, cross left behind right
- &3&4 Step right to side, touch left heel forward, step left together, cross right over left
- 5-6 Step left to side, cross right behind left
- &7&8 Step left to side, touch right heel forward, step right together, cross left over right

### STEP ¼ TURN, STEP ¼ TURN, RIGHT ROCKING CHAIR FORWARD AND BACK

- 1-2 Step right forward, turn ¼ left (weight to left)
- 3-4 Step right forward, turn ¼ left (weight to left)
- 5-6 Rock right forward, recover to left
- 7-8 Rock right back, recover to left

### ¼ TURN JAZZ BOX, STOMP, HOLD, FULL SPIRAL TURN LEFT

- 1-2 Cross right over left, step left back
- 3-4 Turn ¼ right and step right to side, step left together
- 5-6 Stomp right forward and across, hold
- 7-8 Spiral turn a full turn left (weight to right), step left forward

**REPEAT**

**Note for steps 7-8:**  
Variation – Stomp left forward and hold