

Something in the Water

Count: 32

Wall: 4

Level: Beginner Polka Style

Choreographer: Niels Poulsen (Denmark) April 2011

Music: Something In The Water by Brooke Fraser. (126bpm)



Intro: 16 counts from first beat in music (app. 11 secs into track). Weight on L

[1 – 8] Fw R, kick L fw, back L, point R back, shuffle R fw, rock L fw

- 1 – 2 Step fw on R (1), kick L fw (2) 12:00
3 – 4 Step back on L (3), point R backwards (4) 12:00
5&6 Step fw on R (5), step L behind R (&), step fw on R (6) 12:00
7 – 8 Rock fw on L (7), recover weight back on R (8) 12:00

[9 – 16] L shuffle back, R shuffle back, L back rock, L shuffle fw

- 1&2 Step back on L (1), step R next to L (&), step back on L (2) 12:00
3&4 Step back on R (3), step L next to R (&), step back on R (4) 12:00
5 - 6 Rock back on L (5), recover weight fw on R (6) 12:00
7&8 Step fw on L (7), step R behind L (&), step fw on L (8) 12:00

[17 – 24] Fw R, ¼ L, cross shuffle, L side rock, behind side cross

- 1 – 2 Step fw on R (1), turn ¼ L stepping onto L (2) 9:00
3&4 Cross R over L (3), step L to L side (&), cross R over L (4) 9:00
5 – 6 Rock L to L side (5), recover weight to R (6) 9:00
7&8 Cross L behind R (7), step R to R side (&), cross L over R (8) 9:00

[25 – 32] Point R, hold, & point L, hold, & heel switch R L R, clap X 2

- 1 – 2 Point R to R side (1), hold (2) 9:00
&3 – 4 Step R next to L (&), point L to L side (3), hold (4) 9:00
&5&6 Step L next to R (&), touch R heel fw (5), step R next to L (&), touch L heel fw (6) 9:00
&7&8 Step L next to R (&), touch R heel fw (7), clap hands (&), clap hands (8) – weight on L 9:00

Begin again!... Sing along and be happy, just like this song is!

Ending: Complete 10th wall, you'll be facing 6:00: step fw on R, turn ½ R to face 12:00

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