

All About That Bass



Count: 32
Wall: 4
Level: Beginner
Choreographer: Gail A. Dawson (7/2014)
Music: All About That Bass by Meghan Trainor
Taught by: Luanne Arndt
TMC Legacy Dance Club

32 count intro

[1-16] MODIFIED RUMBA BOXES

- 1-2 Right foot step to the right, left foot steps beside right
- 3-4 Right foot steps forward, left foot taps beside right
- 5-6 Left foot taps to the left, then beside right
- 7-8 Hip roll (alternate move – another tap out and back) weight ends up on right

- 1-2 Left foot step to the left, right foot steps beside left
- 3-4 Left foot steps back, right foot taps beside left
- 5-6 Right foot taps to the right, then beside left
- 7-8 Hip roll (alternate move – another tap out and back) weight ends up on left

[17-24] VINE

- 1-2 Right foot steps to the right, left crosses behind right
- 3-4 Right foot steps to the right, left heel touches diagonally forward
- 5-6 Left foot steps to the left, right foot crosses behind left
- 7-8 Left foot steps to the left, right heel touches diagonally forward

[25-32] TOE STRUTS AND HIP ROLLS

- 1-2 Step forward on right toe, drop heel taking weight
- 3-4 step forward on left toe, drop heel taking weight
- 5-6 Hip roll 1/8th turn to the left (counter clockwise)
- 7-8 Hip roll 1/8th turn to the left (counter clockwise)

Start again



Smartphone Users:

Scan for TMC Legacy Dance Club Website

TMC Legacy Dance Club

Dance@TMCLegacyDance.com