

Colorado Girls



Description: 32 count
Level: Beginner/intermediate partner dance
Choreographer: Dan Albro
Music: Colorado Girl by The High Rollers
Taught by: Skippi Mitchell on 11/6/12

Position: Double hand hold; Man faces OLOD-footwork described; Lady faces ILOD- footwork opposite.
16 count intro – begin on lyrics.

SHUFFLE SIDE, ROCK, RECOVER; SHUFFLE SIDE, ROCK, RECOVER

1&2, 3-4 Side shuffle L-R-L; rock back R, recover L
5&6, 7-8 Side shuffle R-L-R; rock back L, recover R

WEAVE, LONG SIDE STEP, DRAG, ROCK, RECOVER

1-4 Side step L, cross R behind L, side step L, cross R over L
5-8 Long side step L, drag/touch R toward L, rock back R, recover L
On count 7 release man's R & lady's L hands

SHUFFLE FWD w/ Belt Loop Switch, ROCK, RECOVER, SHUFFLE SIDE x 2

Lady stays behind man as they switch sides on counts 1&2

1&2 Turn ¼ L stepping side R, step L together, turn ¼ L stepping back R (face ILOD)

On count 1& man bends R arm at his waist front or raises his R arm over lady's head.

Man continues by placing lady's R hand on his R hip & lady slides her R hand around man's waist/belt loops, keeping an eye on him as they change sides. On count 2 man picks up lady's R hand at his L hip w/ his L hand

3-4 Rock back L, recover R

On count 4 man picks up lady's L in his R to resume double hand hold

5&6, 7&8 Shuffle side L-R-L; shuffle side R-L-R

ROCK, RECOVER, SWITCH SIDES w/ 2 QUARTER SHUFFLES, ROCK, RECOVER

MAN

1-2, 3&4 Rock back L, recover R; turn ¼ L stepping L-R-L

5&6, 7-8 Turn ¼ L stepping R-L-R; rock back L, recover R (face OLOD)

LADY

1-2, 3&4 Rock back R, recover L; shuffle forward R-L-R

5&6 Turn ¼ R stepping side L, step R together, turn ¼ R stepping side L (face ILOD)

7-8 Rock back R, recover L

On count 5 lady drops her L & man's R hand turning under his L & her R arm.

On count 7 man picks up lady's L hand returning to double hand hold.

REPEAT



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