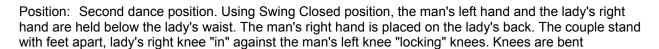
Cowboy Lambada

Choreographed by: Unknown

Description: 16 count, partner dance

Music: Want To Be Seduced by Rob Rio Alternative Music: Black Velvet by Alannah Myles

Hurry Sundown by McBride and The Ride No One Else On Earth by Wynonna



Start dancing on lyrics

MAN'S STEPS		LADY'S STEPS	
LAMBADA		LAMBADA	
1-2 3-4 5-6 7-8	Shift weight left, lift left hip Shift weight right, lift right hip Shift weight left, lift left hip Shift weight right, lift right hip	1-2 3-4 5-6 7-8	Shift weight right, lift right hip Shift weight left, lift left hip Shift weight right, lift right hip Shift weight left, lift left hip
TURNING VINE: 1/4 TURN FOR MAN		TURNING VINE: ¾ TURN FOR LADY	
9-10 11-12	Step left to side, cross right behind left Turn ¼ left (to 5th position), touch right together	9-10 11-12	Step right to side, cross left behind right Turn ¾ right (5th position), touch left together
Lead the lady into an underarm turn to her right release right hand		Step forward right, turn ½ right, total ¾ turn right. End facing man	
BACK STEPS, TOUCH		BACK STEPS, TOUCH	
Place la 13-14 15-16	ady's left hand in man's right Step right back, step left back Step right back, touch left to side	13-14 15-16	Step left forward, step right forward Step left forward, touch right forward
Release lady's left hand and place right hand on lady's back		Place right leg in between man's knees to be in position to start dance again	
REPEAT		REPEAT	



Smartphone Users:

Scan for TMC Legacy Dance Club Website

