



Cowboy Lambada

Choreographed by: Unknown
Description: 16 count, partner dance
Music: Want To Be Seduced by Rob Rio
Alternative Music: Black Velvet by Alannah Myles
 Hurry Sundown by McBride and The Ride
 No One Else On Earth by Wynonna

Position: Second dance position. Using Swing Closed position, the man's left hand and the lady's right hand are held below the lady's waist. The man's right hand is placed on the lady's back. The couple stand with feet apart, lady's right knee "in" against the man's left knee "locking" knees. Knees are bent

Start dancing on lyrics

MAN'S STEPS	LADY'S STEPS
<p>LAMBADA</p> <p>1-2 Shift weight left, lift left hip 3-4 Shift weight right, lift right hip 5-6 Shift weight left, lift left hip 7-8 Shift weight right, lift right hip</p> <p>TURNING VINE: ¼ TURN FOR MAN</p> <p>9-10 Step left to side, cross right behind left 11-12 Turn ¼ left (to 5th position), touch right together</p> <p><i>Lead the lady into an underarm turn to her right release right hand</i></p> <p>BACK STEPS, TOUCH</p> <p><i>Place lady's left hand in man's right</i></p> <p>13-14 Step right back, step left back 15-16 Step right back, touch left to side</p> <p><i>Release lady's left hand and place right hand on lady's back</i></p> <p>REPEAT</p>	<p>LAMBADA</p> <p>1-2 Shift weight right, lift right hip 3-4 Shift weight left, lift left hip 5-6 Shift weight right, lift right hip 7-8 Shift weight left, lift left hip</p> <p>TURNING VINE: ¾ TURN FOR LADY</p> <p>9-10 Step right to side, cross left behind right 11-12 Turn ¾ right (5th position), touch left together</p> <p><i>Step forward right, turn ½ right, total ¾ turn right. End facing man</i></p> <p>BACK STEPS, TOUCH</p> <p>13-14 Step left forward, step right forward 15-16 Step left forward, touch right forward</p> <p><i>Place right leg in between man's knees to be in position to start dance again</i></p> <p>REPEAT</p>



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