

It's The Season



Count: 32 Count Circle Partner Dance
Level: Improver
Choreographer: Ric Silvern (USA) 76
Music: Let Your Love Flow - Belamy Brothers (110 bpm)
Sittin' On The Dock of the Bay - Otis Redding (103 bpm)
Taught by: Luanne Arndt - 4/8/2014

Begin: Side by side open sweetheart position facing forward line of dance

SKATE, SKATE, SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP

1-2 Skate right forward, skate left forward
3&4 Right shuffle forward (right, left, right)
5-6 Rock left forward, recover onto right
7&8 Step left back, step right together, step left forward

WALK, WALK (LADY: FULL TURN LEFT), SHUFFLE FORWARD, STEP, ¼ PIVOT RIGHT, CROSS SHUFFLE

Release left hands. Raise right hands

1-2 **MAN:** Walk forward right, left
LADY: Full turn left, stepping right, left (traveling)

Resumes side by side

3&4 Right shuffle forward (right, left, right)

Man behind lady in tandem Position

5-6 Step left forward, pivot ¼ turn right OLOD

7&8 Cross left over right. Step right to side. Cross left over right

Non-Turning Variation offered by TMC LDC:

1-2 Walk forward, right, left (same as man)

SIDE ROCK, RECOVER, SAILOR STEP, ¼ TURN SAILOR STEP, SHUFFLE

1-2 Side rock on right, recover onto left

3&4 Right sailor step

5&6 Left sailor step turning ¼ turn left LOD

Resumes Side By Side

7&8 Right shuffle forward (right, left, right)

WALK, WALK (LADY: FULL TURN RIGHT), SHUFFLE, STEP, HALF-PIVOT, STEP, HALF-PIVOT

Release left hands. Raise right hands

1-2 **MAN:** Walk forward left, right
LADY: Full turn right, stepping left, right (traveling)

Resumes side by side

3&4 Left shuffle forward (left, right, left)

Release right hands, raise left hands

5-6 Step right forward, pivot ½ turn left RLOD

7-8 Step right forward, pivot ½ turn left LOD

Resumes Side By Side

Non-Turning Variation offered by TMC LDC:

1-2 Walk forward, left, right (same as man)

3&4 Left shuffle forward (left, right, left)

5-6 Rock forward on right, recover on left

7-8 Rock back on right, recover on left

REPEAT



Smartphone Users:

Scan for TMC Legacy Dance Club Website