

a/k/a Heavy Heart

Choreographed by: Linda Sansoucy

Description: 32 count partner circle dance

Position: Open sweetheart, same footwork for both

Music: Let It Roll by Notorious Cherry Bombs, 130 bpm

Taught by: Skippi Mitchell – 2/26/13

32 count introduction

RIGHT SIDE SHUFFLE, ROCK, RECOVER; REPEAT ON LEFT SIDE

1&2 Side shuffle R-L-R
3-4 Rock back L, recover R
5&6 Side shuffle L-R-L
7-8 Rock back R, recover L

SIDE TOUCH & CROSS X 3, STEP LEFT, TURN 1/4 RIGHT

9-10 Touch R to side, cross R over L 11-12 Touch L to side, cross L over R 13-14 Touch R to side, cross R over L

15-16 Step forward L, turn 1/4 R with weight on R

Lady stands directly in front of man both facing OLOD - tandem position

CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, 1/4 TURN RIGHT SHUFFLE

17-18 Cross rock L over R, recover R

19&20 Side shuffle L-R-L

21-22 Cross rock R over L, recover L 23&24 Turn 1/4 R and shuffle R-L-R

Release L hands & raise R hands over man's then lady's heads

STEP, PIVOT 1/2 RIGHT, SHUFFLE, DOUBLE CROSS KICK, SIDE TOUCH, CROSS KICK

25-26 Step forward L, pivot 1/2 R- face LOD & rejoin L hands in sweetheart

27&28 Shuffle forward L-R-L

29-30 Kick R foot twice across L foot31-32 Touch R to side, Kick R across L

REPEAT



Scan for TMC Legacy Dance Club Website

