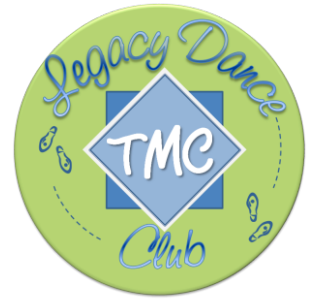


Monday For Two

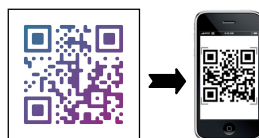


Description: 64 count, 4 wall stationary partner dance
Choreographed by: Jojocountry
Music: Except for Monday* by Lori Morgan
Rockin' My Life Away by The Lennerockers (173 bpm, 32 count intro)
Taught By: Kris Davis ~ 1/27/16

Start in the sweetheart position

- 1 – 8** **STEP, TOUCH, STEP, KICK, COASTER STEP, SCUFF**
1,2,3,4 Step forward right, touch left next to right, step back left, low kick forward right
5,6,7,8 Step back right, together left, forward right, scuff left
- 9 – 16** **STEP, TOUCH, STEP, KICK, COASTER STEP, SCUFF**
1,2,3,4 Step forward left, touch right next to left, step back right, low kick forward left
5,6,7,8 Step back left, together right, forward left, scuff right
- 17 – 24** **SIDE, TOUCH, SIDE, TOUCH, GRAPEVINE RIGHT, TOUCH**
1,2,3,4 Step right to side, touch left together, step left to side, touch right together
5,6,7,8 Step right to side, step left behind, step right to side, touch left next to right
- 25 – 32** **SIDE, TOUCH, SIDE, TOUCH, GRAPEVINE ¼ LEFT, SCUFF**
1,2,3,4 Step left to side, touch right together, step right to side, touch left together
5,6,7,8 Step left to side, step right behind, turn ¼ left onto left, scuff R or touch R
- 33 – 40** **STEP, LOCK, STEP, SCUFF, HEEL, HOLD, TOE, HOLD**
1,2,3,4 Step forward right, lock left behind, step forward right, scuff L (or hold)
5,6,7,8 Touch left heel forward, hold, touch left toe back, hold
- 41 – 48** **STEP, LOCK, STEP, SCUFF, HEEL, HOLD, TOE, HOLD**
1,2,3,4 Step forward left, lock right behind, step forward left, scuff R (or hold)
5,6,7,8 Touch right heel forward, hold, touch right toe back, hold
- 49 – 56** **¼ TOUCH, (X 4) (DROP RIGHT HANDS, REJOIN AFTER TURN)**
1,2,3,4 Turn ¼ left onto right, touch left next to right, turn ¼ left, touch right next to left
5,6, 7,8 Turn ¼ left onto right, touch left next to right, turn ¼ left, touch right next to left
- 57 – 64** **STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF**
1,2,3,4 Step forward right, lock left behind, step forward right, scuff L or hold
5,6,7,8 Step forward left, lock right behind, step forward left, scuff R or hold

* If using the song Except for Monday restart after 24 counts on the third wall after chorus.



Smartphone Users:

Scan for TMC Legacy Dance Club Website