



PUT IT DOWN

a/k/a Gun Control

Description: 40 count, 2 wall, no tags or restarts
Choreographed by: Laurie Schlekeway-Burkhardt
Music: Put The Gun Down by ZZ Ward
Taught by: Kris Davis 4-2-13

HEEL, HOOK, SHUFFLE FORWARD, ROCK FORWARD, SHUFFLE BACK

1-2 Right heel forward, hook across left leg
3&4 Shuffle forward right, left, right
5-6 Rock forward on left, back on right
7&8 Shuffle backwards left, right, left

HIP SWAYS BACKWARDS

1-2 Step right back on right foot swaying hips to the right, tap left toe shoulder-width apart
3-4 Step left back on left foot swaying hips to the left, tap right toe shoulder-width apart
5-6 Step right back on right foot swaying hips to the right, tap left toe shoulder-width apart
7-8 Step left back on left foot swaying hips to the left, tap right toe shoulder-width apart

KICK AND OUT, KICK AND OUT, SAILOR, 1/2 TURN SAILOR

1&2 Kick right foot forward, step right foot in place, touch left toe out to left side (this move should be bouncy)
3&4 Kick left foot forward, step left foot in place, touch right toe out to right side (again, bouncy)
5&6 Right sailor step – step right foot slightly behind left, step left foot in place, step right foot slightly forward
7&8 Left turning sailor – make a half turn to the left and step left slightly behind right, step right foot in place, step left foot slightly forward

DIAGONAL TOE STRUTS TO THE LEFT WITH MOVEMENT

1-2 Facing approximately 10 o'clock, cross right foot over left and touch toe, step down on right foot while still crossed over the left
3-4 Touch left toe out to the left, step down on the left
5-6 Cross right foot over left and touch toe, step down on right foot while still crossed over the left
7-8 Touch left toe out to the left, step down on the left

MAKING AN EVENTUAL FULL TURN TO THE LEFT, STEP PIVOT, WALK, WALK, HIP SWAY RIGHT, HIP SWAY LEFT

1-2 Step right foot over left (9 o'clock position), pivot a half turn to left facing 3 o'clock, step down on left
3-4 Walk right, left
5-8 Make a 1/4 turn to left facing the back wall by stepping out with the right foot while doing a hip sway to the right (5&6), then do a hip sway to the left adjusting weight to the left foot (7&8) (should be smooth enough to look like one fluid movement)

Start over



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