



# Red Solo Cup

**Count:** 64  
**Wall:** 2  
**Level:** Phrased Low Intermediate  
**Choreographer:** Donna Manning (Oct. 2011)  
**Music:** Red Solo Cup by Toby Keith

---

**16 count intro, start on vocals - Sequence AA, BB, AA, BB, AA, talking, B to the end**  
**During talking section sway R on the word Red, L on Cup, R on friend, and L again on friend.**  
**Keep dancing B through to the end.**

## A – 32 counts

### Heel, Hook, Heel, Flick, Right Forward Shuffle

1,2,3,4 R heel touch front, R foot hook across L shin, R heel touch front, R heel flick to R side  
5,6,7,8 R step forward, L together next to R, R step forward, HOLD

### Heel, Hook, Heel, Flick, Left Forward Shuffle

1,2,3,4 L heel touch front, L foot hook across R shin, L heel touch front, L heel flick to L side  
5,6,7,8 L step forward, R together next to L, L step forward, HOLD

### R Mambo, L Back Coaster

1,2,3,4 R forward rock, recover weight to L, step back on R, HOLD  
5,6,7,8 Step L back, step R back together to L, step L forward, HOLD

### Step Half Turn, Press R to Side, Touch R to L Foot

1,2 Step R forward, HOLD  
3,4 Turn 1/2 L on ball of R taking weight to L foot  
5,6 Small squat to R (down on 5 recover weight to L on 6)  
7,8 Touch R next to L, HOLD

## B – 32 counts

### Weave Right, Side Rock Cross, Hold

1,2,3,4 R to right side, L cross behind R, R to right side, cross L over R  
5,6,7,8 R side rock recover L and cross R over L, HOLD

### Weave Left, Side Rock Cross, Hold

1,2,3,4 L to left side, R cross behind L, L to left side, cross R over L  
5,6,7,8 L side rock recover R and cross L over R, HOLD (angle body to diagonal)

### R Forward Shuffle to diagonal, L Mambo 1/2 Turn L

1,2,3,4 R forward to diagonal, step L together, step R forward to diagonal, HOLD  
5,6,7,8 L forward mambo 1/2 turn L to opposite diagonal, HOLD

### R Forward Shuffle to diagonal, L Cross Rock Recover, Side Touch

1,2,3,4 R forward to diagonal, step L together, step R forward to diagonal, HOLD  
5,6,7,8 L cross rock, recover R, step L to L side (straighten up to front or back), touch R next to L

**Start again!!! Have fun!**



Smartphone Users:

Scan for TMC Legacy Dance Club Website