

Saddle Up Shawty

aka Hip Hop Twist



Count: 48
Wall: 4
Level: Intermediate
Choreographer: Guyton Mundy
Music: Saddle Up Shawty (Club Mix) by Mikel Knight (95 bpm, No intro, start immediately after the rooster crows)
 TMC Legacy Dance Club / www.TMCLegacyDance.com / Dance@TMCLegacyDance.com

[1-8] KICK, STEP; KICK, HOOK; STEP; HOLD, HITCH; WALK BACK & TOUCH; LEFT HIP BUMPS X 2

1&2& Low kick R fwd, step on R, Low kick L fwd, Hook L over R knee,
 3&4 Step L slightly fwd (3) Hold on (&) Shift weight back to R and hitch L up (4)
[Optional - Hands: L arm out to low left side with R fist at inside of L elbow (3), R arm out to low right side with L fist at inside of R elbow (&), Leaving L arm across body, bend R arm up vertically over R shoulder on same count as L leg hitch (4)]
 5 & 6 Walk back L, walk back R, Touch L out to left side
 7, 8 Bump L hip up and to the left twice (12:00)

Variation as taught by TMC LDC:
 5&6 Rock R back, Recover, Touch L to L side

[9-16] STEP TO L SIDE; 1/4-TURN SAILOR; 1/2-TURN SAILOR; R SHUFFLE FWD; STEP FWD L

1, Step L to left side
 2&3 Step R behind L, turn ¼ to left stepping fwd on L, step R to right side
 4&5 Step L behind R turning ¼ to left, Step R to right side turning ¼ to left, Step L fwd
 6&7 Step R fwd, Step L next to R, Step R fwd
 8 Step fwd on L (3:00)

[17-24] STEP R FWD, 1/2-TURN HIP ROLL; 1/2-TURN SAILOR; STEP R FWD, 1/2-TURN HIP ROLL; L COASTER

1, 2 Step R fwd, Roll hips around in counter-clockwise ½ turn (weight stays on R) ("Yee Haw")
 3&4 Step L behind R turning ¼ to left, Step R to right side turning ¼ to left, Step L fwd
 5, 6 Step R fwd, Roll hips around in counter-clockwise ½ turn (weight stays on R)
 7&8 Step L back, Step R back next to L, Step L fwd (9:00)

Non-turning variation offered by TMC LDC:
 3&4 L sailor step
 5, 6 Step R to R side, Touch L next to R
 7&8 L coaster step

[25-32] FUNKY SKATES FWD X 2; CROSS, BACK, ¼ TURN; ¼ TURN; ½ TURN; L SHUFFLE FWD

1, 2 Big step up and out with R to right side, Big step up and out with L to left side
 3&4 Cross step R over L; Step back on L; Step R to right side turning ¼ to right
 5, 6 Turn ¼ to right stepping L to left side; Half Hinge turn to the back over R shoulder stepping R to right side
 7&8 Step L fwd, Step R next to L, Step L fwd (9:00)
 **Restart here on wall 6

Non-turning variation offered by TMC LDC:
 3&4 Cross-Rock R over left, Recover on L, Step R to right side
 5, 6 Step L, Step R
 7&8 Shuffle forward (L,R,L)

[33-40] RIGHT OUT, OUT, IN, IN, SCUFF, HITCH, STEP; LEFT OUT, OUT, IN, IN, SCUFF, HITCH, STEP

1&2& Step R out to right side, Step L out to left side, Step R in to center, Step L in to center
 3&4 Scuff R, Hitch R, Step on R next to L
 5&6& Step L out to left side, Step R out to right side, Step L in to center, Step R in to center
 7&8 Scuff L, Hitch L, Step on L next to L (9:00)

[41-48] STEP SIDE RIGHT; SPLIT HEELS; SMALL HIP ROLLS; CHASSE TO LEFT; 1/4-TURN PADDLES X 2

1&2 Step R out to right side; with weight on balls of feet, split heels out and back to center (Knees go in)
 3, 4 Roll hips in small counter-clockwise circle; repeat (weight stays on R)
 5&6 Step L to left side; Step R next to L; Step L to left side
 7, 8 Keeping weight on L for both counts, paddle ¼ to left touching R foot to right side; paddle ¼ to left touching R foot to right side (3:00)

**Restart: After 32 counts of Wall 6 you will be facing the original starting wall. Restart the dance from the beginning after the Left Shuffle forward (count 32).

