

Us



Count: 32
Wall: 4
Level: Improver
Choreographer: Lynn Card (Oct 2013)
Music: "We Were Us" by Miranda Lambert and Keith Urban
Taught By: Luanne Arndt ~ 11/19/2013

Start dance after 16 count intro.

Walk, Walk, Mambo Right, Walk, Walk, Coaster Step

1,2,3&4 Walk R forward, walk L forward, rock forward on R, recover back on L, step R next to L
5,6,7&8 Walk L back, walk R back, step L back, step R back, step L forward

Shuffle R, ½ Turn, Shuffle Left, Paddle Turns

1&2&3&4 Step R forward, step L next to R, step R forward, make a half turn counter clockwise (this is on the & count), step L forward, step R next to L, step L forward
5,6,7,8 Step R slightly forward, pivot ¼ turn counter clockwise, recover on L, step R slightly forward, pivot ¼ turn counter clockwise, recover on L

Restart here on wall 3 after first 16 counts, you'll be facing 6 o'clock.

Cross Shuffle, Side Rock, Behind Side Cross, Side Rock

1&2,3,4 Cross R over L, recover L, cross R over left, rock L out to left side, recover on R to right side
5&6,7,8 Cross L behind R, recover on R to right side, cross L over R, rock R to right side, recover on L to left side

Sailor Steps and Modified Heel Jacks

1&2,3&4 Step R behind L, step L slightly to left side, step R to right side, make a ¼ turn counter clockwise on next sailor step stepping L behind R, step R slightly to right side, step L to left side
5&6& Cross R over L, step L slightly to left side, place R heel forward at right diagonal, step R back to center,
7&8& Cross L over R (this is the modified part), step R slightly to right side and place L heel forward at left diagonal, replace L at center
(you can also choose to do a traditional heel jack with count 7 crossing L "behind" R. I tend to like crossing in front both ways)

Variation option for Heel Jacks (offered by TMC LDC)

5-6 **Jazz Box:** Cross R over L, Step Back on L
7-8 Step R to R Side, Step Forward on L

Contact Lynn Card with questions at: lynncard28@gmail.com



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Dance@TMCLegacyDance.com